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HEALTH BEAT: ORAL HYGIENE

Titanium teams up with the toothbrush

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Titanium, the multitasking metal used in everything from jet engines to eyeglass frames, has taken on yet another role as the crucial component of two toothbrushes that aim to shake up the staid world of dental hygiene.

One of the brushes dispenses with toothpaste, instead employing a core of titanium dioxide that generates a plaque-removing electrochemical reaction. The other uses fine, flexible titanium bristles that can last for years. Both are getting favorable, if preliminary, reviews from scientists, dentists and consumer testers.

The tried-and-true manual toothbrush has remained largely unchanged for generations. In the dental field, where professionals rarely agree on anything, the new brushes take some getting used to.

"People think it's hocus-pocus," said Erik Powers of Powers International in Henderson, Nev., who recently started importing the \$29.95 no-toothpaste Soladey brush to the United States. The brush was invented in Japan. "If you put this on the shelf next to a 99-cent toothbrush, which would you buy?"

For Nick Ravotti, a store manager in Manhattan, there is no question. "I'm a believer," said Ravotti, who was given a brush by a reporter who received samples from the company.

When he eats his favorite salsa, the aftertaste, "normally kind of stagnant and sour," is simply gone, Ravotti said. "It's the most bizarre feeling," he added. "I feel better after using this toothbrush than I do after using a regular toothbrush."

Admittedly, it's awkward, because the brush must be activated by bright light.

The brush, available at soladey-usa.com, relies on a property of titanium dioxide. It is photocatalytic, meaning that it causes chemical reactions in the presence of light.

Light shining on the titanium dioxide rod in the brush's handle generates negatively charged electrons, which steal positively charged ions from dental plaque, causing oxidation. Brushing creates a slurry of



negatively charged saliva, which attracts and decomposes plaque.

The brush's maker, the Shiken Corp. of Osaka, Japan, says the titanium-dioxide core will never lose effectiveness. But it does sell replacement heads, because the nylon bristles will eventually splay.

That is the problem that the TiFinity toothbrush, with its long-lasting titanium bristles, aims to solve.

"The efficacy of a nylon brush, which is the plaque-removal ability, drops 30 percent in the first three months," said TiFinity's inventor, Dane Q. Robinson, a dentist in Tempe, Ariz. The TiFinity brush should last several years.

Robinson, who invented the WaterPik automatic flosser, originally tried it with a filament of titanium alloy. It was wonderfully flexible, he said. He figured it would be excellent bristle material if it could be drawn fine enough.

Nylon bends but does not fully rebound, so the user must "do a lot of wiggling and jiggling," Robinson said, to get the brush into the sulcus -- the cuff of flesh that encircles each tooth -- and the spaces between teeth.

TiFinity's bristles, on the other hand, should lose neither shape nor effectiveness. Brushers gently move the tips of the bristles -- finer than a cat's whisker but still firm, with a needlelike point -- under the gum line and into the teeth's deepest crevices.

When the TiFinity fails, the bristles will snap off or fall out but will not lose their shape, Robinson said, adding that the brush will be available from his company's Web site, TiFinityToothbrush.com, as soon as the technique for attaching the bristles to the head is perfected. It is to cost \$46.95.

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